

# People Planning Ahead

Using person Centered Practices to Communicate Healthcare Decisions and End of Life Wishes.



## SAVE THE DATE

MO-AAIDD Conference  
April 17 & 18 2012

Hilton Garden Inn near  
Independence Center in  
Kansas City.

*Registration coming soon!*

### Presenter:

Leigh Ann Kingsbury, MPA Gerontologist

Leigh Ann is also one of a small group of people working on using person-centered practices for planning healthcare decisions, advance directives and care at end of life. She was an invited contributor to an expert Congressional panel to report on end of life care and policy and has authored multiple articles and a planning manual on using person centered practices for healthcare decision making and care at end of life, including *People Planning Ahead: A Guide to Communicating Healthcare and End of Life Wishes*, (AAIDD 2009).

### Presentation

The first day introduces participants to the concepts of competency and capacity; living wills and advance directives; and the importance of culture and rituals in planning with people. The second day (half day) participants are introduced to specific skills that are the foundation of using person centered practices to support healthcare decision making, understanding alternatives to guardianship and care at the end of life.



American Association  
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Visit the AAIDD website ([www.aaid.org](http://www.aaid.org)) or the Missouri Chapter website ([www.moaaidd.org](http://www.moaaidd.org)) for information about membership and other upcoming events. MO AAIDD Annual Meeting will be held in conjunction with this conference.